

## ***Clinical Research***

Associated Neurologists has been conducting Clinical Research for more than 15 years. To date, over 100 clinical trials have been completed covering many neurological conditions.

### ***What is a clinical trial?***

A clinical trial is a particular type of research performed in people that is aimed at evaluating a medical, surgical, or behavioral intervention.

Most clinical trials test a new treatment or device as a method for treating a health problem. Some trials help us learn if a new treatment is better and/or has fewer harmful side effects than the standard treatment. Others look at how to make life better for people living with a life-threatening disease or a chronic health problem by remediating symptoms of the disease being investigated.

### ***Why would I participate in a clinical trial?***

There are many reasons why people choose to join a clinical trial. Many participate as a way to play an active role in their own health care if the current treatments available have not been effective or there are no treatments available. Others say they want to help researchers learn more about their disease for the sake of future generations who may benefit from the treatments developed from the knowledge gained through these trials. No matter the reason one participates, major medical breakthroughs could not happen without the generosity of clinical trial participants' volunteering for these trials.

### ***What are the Benefits and Risks of Participating in a Clinical Trial?***

There are benefits and risks involved in any clinical trial. Your trial doctor and his/her staff will clearly explain these to you when you begin to consider participation. In addition, your safety and privacy are also protected by the strict rules for research administered by the Federal government and scrupulously adhered to by the staff at Associated Neurologists, as well as those people who work on behalf of the Sponsor of the trial. In addition, all clinical trials have oversight by Independent Review Boards (IRBs), who are dedicated to ensuring that study participants are not exposed to any unnecessary risks.

To learn more about currently enrolling trials at Associated Neurologists, please link here:

<http://www.associatedneurologists.org/our-services/clinical-research/trials-currently-enrolling/>

*Adapted from the following publication: "Clinical Trials and Older People - Tips from the National Institute on Aging. A publication of the National Institutes of Health."*