



Associated Neurologists, P.C.

Danbury • Waterbury • New Milford, CT

Associated Neurologists'

"The NeuroTransmitter" Newsletter

Summer Edition, June 2016

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(L to R, Top Row to Bottom Row): Drs. Robert Bonwetsch, Neil Culligan, David Greco, Behzad Habibi; Drs. Samuel Markind, Diane Wirz, Charles Guardia III, William Yorns Jr.)

Alzheimer's and Brain Awareness Month 2016

Every June is *Alzheimer's and Brain Awareness Month*, and this year, the Alzheimer's Association® is asking for the public's help in **uncovering the truth about Alzheimer's disease and other dementias** and **taking action** toward ending these conditions. Though it is common knowledge that Alzheimer's disease impairs memory, there are many other important truths about the disease that remain largely unknown or misunderstood. Following are just a few that the Alzheimer's Association has shared on its **"Uncover the Truths about Alzheimer's Disease"** website:

- Early detection matters.
- Women, Hispanics, and African-Americans have a higher risk of developing Alzheimer's when compared to other populations.

- Alzheimer's disease is not normal aging.
- Caregiving for a loved one with Alzheimer's disease or other forms of dementia can become anyone's reality. ([Click here to learn more about our upcoming Educational/Support Group Series for Caregivers](#) of family members affected by Alzheimer's or other forms of dementia.)
- Although Alzheimer's disease cannot be prevented, developing healthful lifestyle habits can reduce your risk of developing cognitive decline and help contribute to brain health.
- Alzheimer's is a progressive disease that worsens over time.
- Although Alzheimer's disease does not currently have a cure, treatments are available that may temporarily slow worsening of a patient's cognitive symptoms and enhance quality of life.
- Research is ongoing worldwide to determine safe and effective ways to enhance the treatment of Alzheimer's disease, further delay its onset, and prevent it from developing. Please [see below for information on new Clinical Trials](#) being conducted by Associated Neurologists for patients with Alzheimer's Disease.

alzheimer's association
THE BRAINS BEHIND SAVING YOURS

GO PURPLE | UNCOVER THE TRUTHS | TAKE ACTION

June Is
**Alzheimer's & Brain
Awareness Month**

GO PURPLE >

#END ALZ

Worldwide, 47 million people are living with Alzheimer's and other dementias. Join the Alzheimer's Association in going purple and raising awareness this June. The more people know about Alzheimer's, the more action we inspire.

Clinical Trials for Patients with Mild Cognitive Impairment or Alzheimer's Disease

Our [Clinical Research Department](#) has conducted several clinical trials of novel agents for the treatment of patients with mild, moderate, or severe Alzheimer's disease.

Currently, neurologist [Dr. Samuel Markind](#) and our Clinical Research team are participating in two new Clinical Trials for patients who have been diagnosed with **Mild Cognitive Impairment** or **Mild Alzheimer's Disease**. For both studies, participants are being sought to help with researching whether or not an investigational medication may effectively reduce the progression of the disease.

[**If you would like to learn more about these Clinical Trials and whether you or your loved one may qualify, please contact our Clinical Research Coordinators at \(203\) 748-2551, extension 351 or 377.**](#)

[For a full listing of clinical trials that are currently enrolling at Associated Neurologists, please visit our website.](#)



New Educational / Support Group Series for Caregivers of Family Members with Alzheimer's or Other Dementias



If you or someone you know is a caregiver who could use some additional support, our 4-week Caregiver Educational / Support Group Series will provide helpful information and resources as well as the ability to speak with others who truly understand and share similar concerns and challenges.

For our new Caregiver Series, each session will take place from **4:00 to 5:00 pm on Wednesdays, September 14th and 21st, and October 5th and 19th.**

During each session, our Clinical Psychologist, Lori Wagner, Psy.D., will moderate a new topic for the group:

1. ***Understanding Dementia and Alzheimer's:*** September 14th
2. ***Caregiver Stress Management:*** September 21st
3. ***Coping with Difficult Behaviors & Communication Strategies:*** October 5th
4. ***Resources and Next Steps for the Caregiver:*** October 19th

To register or for more information on a session, please contact Danielle at (203) 748-2551, x332.

Covered by most insurance plans or self-pay \$180 for the 4-week series.

Associated Neurologists strongly recommends that care and treatment decisions related to any medical condition be made only in consultation with a patient's physician and other qualified medical professionals. The information found in this Newsletter, on the Web site, and on our Facebook Page, Pinterest, and Twitter is intended to provide general information only. The presence of links in the Newsletter, on the Web site, and on our social media channels does not signify an endorsement, and Associated Neurologists is not responsible for any information found on other Web sites.

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